

7th Annual National Conference
SNCC 2024
Society of Neurocritical Care



Neuro-nutrition Workshop

 S. L. Raheja Hospital

 20th Sept, 2024

*Raheja Rugnalaya Marg, Mahim West, Mahim,
Mumbai, Maharashtra 400016*

National Chairperson



Dr Swagata Tripathy

Workshop Director



Dr Sanjith Saseedharan



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Scientific Program Agenda

4 PM ONWARDS

REGISTRATION AND GROUPING

Introductory talk

STATION 1

Assessment of sarcopenia

Bioelectric impedance analysis

USG guided muscle mass monitoring

Hand grip strength

STATION 2

Assessment of kcal requirements

Indirect calorimetry: Shown at station using q nrg+

Direct relay from icu from intubated patient

Using nitrogen balance to assess catabolism

Case based calculation onsite

STATION 3

Dysphagia assessment

Bedside swallow demo (role play)

Vocal cord examination (70 degree scope use)

Care of peg tube, care of nasogastric tube, feeding tube.

STATION 4

Tips and tricks in Neuro ICU

1) Dietary modification

Basics of mediterranean diet and dash diet

Ketogenic diets in ICU:

Long-chain triglyceride (LCT) ketogenic diet, medium-chain triglyceride (MCT) ketogenic diet, Modified Atkins diet (MAD), and low glycemic index treatment. Plus commercial scientific

Ketofeeding formulae

2) Designer nutrition (leucine etc)

3) Feeding with a Tracheostomy tube

4) Monitoring tube feeds and tackling intolerance

5) Sodium and water manipulation

6) mobilization of Neuro patient and physical rehabilitation in ICU (Maximove)



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